

**COUNTY OF SAN LUIS OBISPO BOARD OF SUPERVISORS
AGENDA ITEM TRANSMITTAL**

(1) DEPARTMENT Behavioral Health	(2) MEETING DATE 8/6/2013	(3) CONTACT/PHONE Melanie Serrou 781-4756 Dr. Star Graber 781-4759	
(4) SUBJECT Request to approve a new contract with Bryan's House for Fiscal Year (FY) 2013-14 in the amount not to exceed \$245,041 to provide alcohol and drug free housing to pregnant and parenting women, and their children.			
(5) RECOMMENDED ACTION It is recommended that the Board approve and direct Chairperson to sign the contract with Bryan's House for FY 2013-14 in the amount not to exceed \$245,041 to provide alcohol and drug free housing to pregnant and parenting women, and their children.			
(6) FUNDING SOURCE(S) DSS, FDC grant	(7) CURRENT YEAR FINANCIAL IMPACT \$245,041.00	(8) ANNUAL FINANCIAL IMPACT \$245,041.00	(9) BUDGETED? Yes
(10) AGENDA PLACEMENT <input checked="" type="checkbox"/> Consent <input type="checkbox"/> Presentation <input type="checkbox"/> Hearing (Time Est. ____) <input type="checkbox"/> Board Business (Time Est. ____)			
(11) EXECUTED DOCUMENTS <input type="checkbox"/> Resolutions <input checked="" type="checkbox"/> Contracts <input type="checkbox"/> Ordinances <input type="checkbox"/> N/A			
(12) OUTLINE AGREEMENT REQUISITION NUMBER (OAR) 19001312		(13) BUDGET ADJUSTMENT REQUIRED? BAR ID Number: <input type="checkbox"/> 4/5th's Vote Required <input checked="" type="checkbox"/> N/A	
(14) LOCATION MAP N/A	(15) BUSINESS IMPACT STATEMENT? No	(16) AGENDA ITEM HISTORY <input checked="" type="checkbox"/> N/A Date: _____	
(17) ADMINISTRATIVE OFFICE REVIEW Reviewed by Leslie Brown			
(18) SUPERVISOR DISTRICT(S) All Districts -			

County of San Luis Obispo



TO: Board of Supervisors

FROM: Jeff Hamm, Health Agency Director
Karen Baylor, Ph.D., MFT, Behavioral Health Administrator

DATE: August 6, 2013

SUBJECT: Request to approve a new contract with Bryan's House for Fiscal Year (FY) 2013-14 in the amount not to exceed \$245,041 to provide alcohol and drug free housing to pregnant and parenting women, and their children.

RECOMMENDATION

It is recommended that the Board approve and direct Chairperson to sign the contract with Bryan's House for FY 2013-14 in the amount not to exceed \$245,041 to provide alcohol and drug free housing to pregnant and parenting women, and their children.

DISCUSSION

In 2004, the Dependency Drug Court (DDC) program started in San Luis Obispo County as a way to provide parents, with an active Child Welfare Service (CWS) case and where substance abuse is substantiated or suspected, a specific treatment program to address their addiction. Many of the parents who are involved with DDC program have had their children removed from the home due to the parent's substance abuse. The program provides the parents with ongoing treatment for their substance use disorder along with parenting classes and regular court appearances in order to keep them accountable. DDC has shown to increase the time to reunification and decrease the time in foster care for the kids involved.¹

The County, in 2012, was awarded the Family Drug Court (FDC) grant by the Substance Abuse and Mental Health Services Administration (SAMHSA), which provided for expansion of the DDC program. One main element of the grant award was for funding to support the establishment of a residential recovery facility for women with children.

Facilities like Bryan's House provide a safe and sober environment appropriate to the level of care necessary for those with severe drug and alcohol dependence. The house provides a safe and secure environment including house supervision and basic care while working collaboratively with Behavioral Health staff to provide the intensive substance use disorder treatment.

Women referred to Bryan's House benefit from the structure and stability provided. This helps them stay focused on their recovery efforts, avoiding the negative aspects related to their addiction. The women must follow house guidelines designed to keep them on the right path. Women may not bring drugs or alcohol in the home and must refrain from using drugs or alcohol for the duration of their stay.

While many more women in the DDC program could benefit from a residential recovery facility, until Bryan's House, there

¹ Green, B.L., Furrer, C., Worcel, S., Burrus, S., & Finigan, M.W. (2007). How effective are family treatment drug courts? Outcomes from a four-site national study. *Child Maltreatment*, 12(1), 43-59

Bruns, E.J., Pullmann, M.D., Weathers, E.S., Wirschem, M.L., & Murphy, J.K. (2012). Effects of a multidisciplinary family treatment drug court on child and family outcomes: Results of a quasi-experimental study. *Child Maltreatment*, 17(3), 218-230.

are no available facilities as such in this County. Currently, pregnant or parenting women in need of residential housing are referred out of county at a greater cost to both the Behavioral Health Department and Social Services responsible for managing CWS cases.

Bryan's House operates a residential recovery facility for women with children consistent with State and Federal Guidelines for pregnant and parenting women and their children ages 0-6 affected by substance abuse. This is above and beyond what is provided at all existing adult residential facilities in County as it provides 24 hour a day, 7 days a week house supervision along with group activities, meal preparation, and transportation to County treatment services among other services. A residential recovery facility for women with children provides the opportunity for women who have young children to get the level of treatment they need while maintaining and reestablishing bonding and attachment with their children in a safe and secure home.

OTHER AGENCY INVOLVEMENT/IMPACT

County Counsel has reviewed and approved the contract as to form and legal effect.

FINANCIAL CONSIDERATIONS

The FY 2013-14 Behavioral Health Adopted Budgeted includes a total of \$351,369 in residential housing. Of the total, \$245,041 is designated for residential services to pregnant and parenting women, and their children. The funding is broken down by the following; \$96,000 is funded by the Department of Social Services and the remaining \$149,041 from the Family Drug Court grant. The Family Drug Court grant was approved by your Board on January 8, 2013 to provide concurrent beds for up to five (5) pregnant and parenting women and up to ten (10) of their children aged 0 – 6. The collective amount of the contract is not to exceed \$245,041.

RESULTS

As this is a new contract, no outcome data is yet available. The facility must maintain a minimum static capacity of five (5) women plus their children, up to fifteen (15) individuals total. The County will maintain a waitlist for the facility and any vacancies shall be filled within two weeks to maintain this static number. Due to this, at least 5 adult women shall use up to 1,510 bed days and up to 10 children shall use up to 3,020 bed days for a total of 4,530 bed days in FY 2013-14 from this contract.

FY 2013-14 Details	
Facility Opens	9/1/2013
FY 2013-14 End	6/30/2014
Days available per bed	302
Adult Bed Days	1510
Children Bed Days	3020
Total Bed Days	4530

The Behavioral Health Department accepts responsibility for managing residential recovery services for women with children placements in the most cost effective manner, while providing the most appropriate and comprehensive treatment option for the individual client. The contract with Bryan's House to provide residential recovery services for women with children will continue to help clients become stable in their sobriety and parenting and thus not return to a cycle of illegal and negative behavior. Providing the most appropriate services to the clients increases the probability of positive treatment outcomes. Furthermore, positive treatment outcomes contribute to the wider County vision of a healthy and safe community.

ATTACHMENTS

1. Bryan's House Contract FY 2013-14